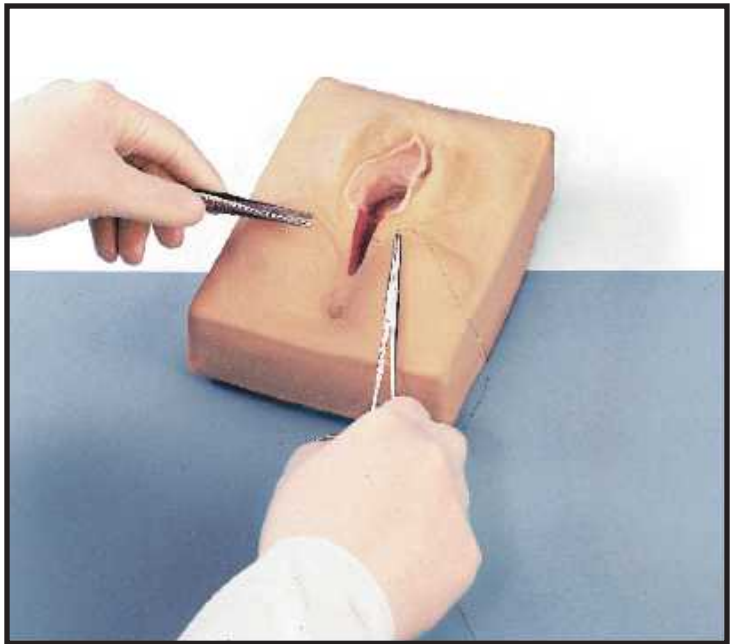




EPISIOTOMY SUTURING SIMULATORS

For use with midline episiotomy simulator (LF01030U), left medio-lateral episiotomy simulator (LF01032U), and right mediolateral episiotomy simulator (LF01033U)

INSTRUCTION MANUAL



Life/form® Products by NASCO

About the Simulators...

The *Life/form*® Mediolateral & Midline Episiotomy Suturing Simulators have been designed to demonstrate and practice the procedure of suturing an episiotomy. The anatomy of the surrounding area has been reproduced to provide as lifelike an appearance as possible. Standard instruments can be used to do the suturing.

Internal Structure

The simulators are made of suturable material to provide lifelike experiences for students. The material is easy to suture, but tough enough to withstand hundreds of practice hours.

Procedures That Can Be Performed on the Simulators

The procedure for suturing an episiotomy can be performed using standard instruments.

Materials needed:

1. Needle holder
2. Suture (00 or 000 chromic catgut)
3. Scissors

General Instructions for Use*

1. It is recommended that the deep sutures be placed first. Therefore, evenly place three interrupted sutures into the perineal incision.
2. Complete the repair by beginning 1 cm above the vaginal apex with a stasis structure. After tying this suture, cut the short end only and continue on with locked mattress sutures to the introitus.
3. Next, insert the needle down into the perineal subcutaneous tissue, just in front of the needle exit hole from the last vaginal structure. In this way, the vaginal suturing will not open up.
4. Continue with evenly placed unlocked continuous surgical gut structures. When the last suture is placed, insert the needle subcutaneously, and exit subcuticularly (1 cm below the epithelium) at the posterior apex of the perineal incision.

5. Begin subcuticular structures, alternating sides until the introitus is reached again. The suture can be tied off at this point with one last lateral suture to make a tail of the suture with which to tie.
6. Taking the last subcuticular suture back under the hymenal ring into the vagina, one last lateral suture between previously placed mattress sutures can also be done to end the repair. (In this way, the knot will not rub on the perineal pad and cause discomfort to a real woman's episiotomy.)

* This is only one method, other methods are also acceptable.

Care of Simulators...

Normal soil accumulated on the surface of the simulators can be removed with mild soap and lukewarm water. Use REN cleaner (W09919UA) to remove stubborn stains from the simulators. Simply spray soiled area and wipe clean with a soft cloth or paper towels.

Solvents or corrosive materials will damage the simulators. Never place on any kind of printed material, paper or plastic. These materials will transfer indelible stains. Ball point pens will also make indelible stains.

Supplies/Replacement Parts for Mediolateral Episiotomy Simulators

W09919UA REN Cleaner

Other Available *Life/form*® Simulators

- LF00698U** Adult Injectable Arm (White)
LF00856U Female Catheterization
LF00901U Prostate Examination
LF00906U Ostomy Care
LF00929U Surgical Bandaging
LF00957U Enema Administration
LF00958U Pediatric Injectable Arm
LF00961U Intramuscular Injection
LF00984U Breast Examination
LF00995U Arterial Puncture Arm
LF00997U Adult Injectable Arm (Black)
LF00999U Pediatric Injectable Head
LF01008U Intradermal Injection Arm
LF01012U Heart Catheterization (TPN)
LF01019U Ear Examination
LF01020U Supplementary Ear Set
LF01025U Male Cath-Ed I
LF01026U Female Cath-Ed II
LF01027U Peritoneal Dialysis
LF01028U Suture Practice Arm
LF01036U Spinal Injection
LF01053U Cross-Sectional Anatomy, Torso, Head
LF01054U Cross-Sectional Anatomy, Head
LF01062U Pelvic, Normal & Abnormal
LF01063U Stump Bandaging, Upper
LF01064U Stump Bandaging, Lower
LF01069U Cervical Effacement
LF01070U Birthing Station
LF01082U Cricothyrotomy
LF01083U Tracheostomy Care
LF01084U Sigmoidoscopic Examination
LF01087U Central Venous Cannulation
LF01095U Blood Pressure Arm
LF01108U Intraosseous Infusion Simulator
LF01142U Auscultation Trainer
LF01162U Venatech IV Trainer
LF03000U **CPARLENE**® Series
LF03601U Adult Airway Management Trainer
LF03602U Adult Airway Management on Manikin
LF03603U Adult Airway Management Head Only
LF03609U Child Airway Management Trainer
LF03610U Child Airway Management Trainer Head Only
LF03611U Child Defibrillation Chest Skin
LF03612U Child IV Arm
LF03613U Child Blood Pressure Arm
LF03614U Child Intraosseous Infusion/Femoral Access Leg Only
LF03615U Complete Child **CRiSis**™ Update Kit
LF03616U Child **CRiSis**™ Manikin
LF03617U Deluxe Child **CRiSis**™ Manikin with Arrhythmia Tutor
LF03620U PALS Update Kit
LF03621U Infant Airway Management Trainer Head Only
LF03622U Intraosseous Infusion Right Leg
LF03623U Infant Airway Management Trainer
LF03626U Child Femoral Access Injection Pad Replacement
LF03632U Child Intraosseous Infusion/Femoral Access Leg on a Stand
LF03633U Child Airway Management Trainer with Torso
LF03693U **Basic Buddy** CPR Manikin
LF03699U "Airway Larry" Airway Management Trainer
LF03720U **Baby Buddy** Infant CPR Manikin
LF03953U **CRiSis**™ Manikin
LF03955U Deluxe **CRiSis**™ Manikin
LF04001U **GERi**™ Nursing Manikin
LF04020U **KERi**™ Nursing Manikin
LF04021U **KERi**™ Basic Manikin
LF04022U **KERi**™ Advanced Manikin
LF04030U **GERi**™ Advanced Manikin
LF04040U **GERi**™ Basic Manikin

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